



BRIEFING MEMO

DATE: September 13, 2013

TO: Parks Legacy Citizens Advisory Committee

FROM: Joel Harte, Research Aide

SUBJECT: Other Recreation Service Providers

This memo provides an overview of other recreation service providers operating in Seattle. Although there are many options for recreation in Seattle, only a small number of service providers make facilities and amenities available for the wider public's use at low cost. Facilities and spaces aside, however, there are numerous recreation leagues, programs, and services offered throughout the city. This is not a comprehensive list.

YMCA

The YMCA operates five locations in Seattle. They offer health and fitness programs, volunteer opportunities, child care, teen and youth programs, and even social activities for seniors. Recreation amenities include basketball courts at the Downtown, East Madison, and Fauntleroy locations; there are also swimming pools at the Downtown, East Madison, and West Seattle locations. Along with drop-in availability, each location offers a variety of programs, such as group exercise, senior fitness, yoga, pilates, and zumba. The Fauntleroy and West Seattle YMCAs both offer child care, as well.

An individual adult membership costs \$65 per month, plus a \$100 join fee. A family membership, for one adult with children, costs \$88 per month, plus a \$100 join fee. Members can access all 13 Y facilities in the greater Seattle area and receive free access to most programs. Financial aid is provided for those who do not have the ability to pay, and is based on family income, number of household members, and the availability of Y funds. The Y performs background checks on all incoming members and periodically re-checks current membership rolls for criminal offenses.

YMCA locations in Seattle:

Downtown Seattle YMCA: The flagship Seattle YMCA features cardio equipment, a gymnasium, massage, personal training, a pool, a sauna, squash/racquetball courts, weight equipment, and a whirlpool.

Fauntleroy YMCA: This YMCA provides additional amenities near the West Seattle YMCA, and offers cardio equipment, a gymnasium, a sauna, and weight equipment.

Meredith Mathews East Madison YMCA: This YMCA offers cardio equipment, a gymnasium, personal training, a pool, a sauna, and weight equipment.

University Family YMCA: This YMCA offers cardio equipment, massage, personal training, a sauna, and weight equipment.

West Seattle YMCA: This YMCA offers cardio equipment, a gymnasium, a pool, a sauna, squash/racquetball courts, and a whirlpool.

Boys and Girls Clubs

There are seven Boys and Girls clubs in Seattle, and 13 in King County. Each club offers its own set of programs focused on helping youth succeed academically, personally, and in their community. Many children go to Boys and Girls clubs after school, before parents are home from work, and on the weekends. They also operate numerous summer camps. Boys and Girls Clubs of King County operate clubs in Seattle at the following locations: Ballard, North Seattle, Rainier Vista, Renton/Skyway, Rotary (Central Seattle), Southwest, and Wallingford.

Membership costs from \$25-36 per year, and some programs have additional costs. After school learning sessions cost \$25 per month at the North Seattle Boys and Girls Club, but cost \$75 per month, per family at the Rotary Boys and Girls Club.

Pools

Aquatic providers that are open to the public at low cost and address some degree of swimming demand include the YMCAs in West Seattle, East Madison and Downtown. Several private-membership clubs operate outdoor swimming pools.

Public indoor pools: West Seattle YMCA, East Madison YMCA, and Downtown YMCA.

Private outdoor pools: Blue Ridge Community Club, Arbor Heights Swim and Tennis Club, Lakeridge Swim Club, Sand Point Country Club, View Ridge Swim and Tennis Club, and Wedgewood Swim Club.

Private indoor pools: 24 Hour Fitness – Downtown and Northgate, AllStar Fitness – West Seattle, LA Fitness – Ballard and Seattle North, Olympic Athletic Club, Seattle Athletic Clubs – Downtown and Northgate, Seattle Executive Fitness, and Washington Athletic Club.

Other Recreation Facilities and Assets

Golf: the University of Washington driving range is the only other public golf facility in Seattle. There are two private courses in the city limits: Broadmoor Golf Club, and Sand Point Country Club. The Seattle Golf Club is another private course, located on the outside edge of the city limits at 145th St. N.

Volleyball: Sandbox Sports, an indoor, sand-covered volleyball center in Georgetown.

Water activities: while there are many kayak rental shops along Lake Union, only the UW boating center, which rents canoes, is low-cost and aimed at serving the general public.

Basketball: both Seattle Central and North Seattle community colleges have public basketball courts.

Open Space: the University of Washington, Seattle University, and Pacific Lutheran University all offer some amenities that, while not on City land, are used for public recreation.

Bowling: Imperial Lanes, in Southeast Seattle, and West Seattle Bowl, in West Seattle offer family-oriented bowling experiences.

Recreation Leagues, Programs, and Services

There are numerous sports leagues and clubs in Seattle that cater to a variety of ages, abilities, and skill levels. Nearly all use fields or facilities provided by Seattle Parks and Recreation. Generally, leagues cost between \$70-\$90 per person for a season, but vary considerably. There is a wide variety of co-rec and single-gender leagues, and leagues for all ages.

Recreation Programs for People with Disabilities

Boy Scouts of America: Boy Scouts provides activities, meetings, and day and overnight camping opportunities for children and adults with and without disabilities.

Boys and Girls Clubs: Offers programs for kids with and without disabilities grades 1-12. Generally, children who need one-on-one assistance or significant behavior problems may not be able to attend. Children of all abilities attend the same camp. A week of camp ranges in cost from \$180-210 per participant, and financial aid is available.

Friendship Adventures: This all-volunteer non-profit holds classes and special events that are specially catered to people with developmental disabilities. Events are held in Seattle and the

surrounding area. The cost varies widely by the type of activity—a weekend camp in North Bend is \$200 a person, but a craft class in Kenmore is \$10 per person. They offer a variety of programs: museum visits, BBQs, bowling, and more.

Footloose Sailing Association: Launched in 1991, this non-profit offers 12 or more sailing events each season from May through September. Each event costs \$15 per participant, and a season pass for an individual is \$100.

Outdoors for All: Outdoors for All's year-round programming includes snowboarding, snowshoeing, cross country and downhill skiing, cycling, hiking, river rafting, canoeing and kayaking, day camps, water skiing, rock-climbing, camping, and more. They serve more than 2,000 children and adults each year with the support of over 700 volunteers. Participants can receive up to 70% scholarships by completing a financial aid form. A Monday-Friday day camp costs \$275 per participant, but costs vary by the program offered.

Pacific Science Center: The Science Center charges no admission fee for people with disabilities and accompanying caretakers. This policy does not extend to special events, but discounts for special events are still available.

Camp Parkview: Located on Vashon Island, Camp Parkview provides a week of swimming, boating, hiking, dancing, and singing to over sixty adults with developmental disabilities. Camp Parkview also provides a one day spring camp in April and a fall camp in October.

Parkview Services' Stepping Out for Fun Program: Stepping Out for Fun provides children and adults with developmental disabilities access to fun activities and new friends. The program matches participants with compatible volunteers to enjoy events in and around Seattle. Individuals and businesses donate tickets to local venues to provide little- or no-cost recreational opportunities. Volunteers meet with program participants on a monthly basis.

Young Life Capernaum Greater Seattle: This non-profit Christian organization holds weekly clubs and special events for teens with disabilities, and focuses on students from Ballard and Nathan Hale high schools.

Programs for Older Adults

Most senior centers are available for people age 50 or older and provide fitness opportunities, volunteer activities, lifelong learning, transportation, and healthy meals. Seniors Services, a local non-profit agency, funds in part or is affiliated with many senior centers in Seattle. The following are Seattle senior centers funded, at least in part, by the Seattle Human Services Department/Aging and Disability Services, all located within Seattle:

- Ballard Northwest Senior Activity Center
- Central Area Senior Center

- Greenwood Senior Center
- International Drop In Center
- Pike Market Senior Center
- South Park Senior Center
- Southeast Seattle Senior Center
- Wallingford Community Senior Center

The following are additional senior centers located in Seattle:

- Columbia Club
424 Columbia St.
- Northwest Senior Center
5429 32nd Ave. NW
- Ravenna-Bryant Senior Center
6559 Ravenna Ave. NE
- Salvation Army Senior Center
9002 16th SW
- Senior Center Of West Seattle
4217 SW Oregon
- Tallmadge Hamilton House
5225 15th Ave. NE